

# **REGAIN FLEXIBILITY IN YOUR HIP OR KNEE**

## **WHEN**

**March 29<sup>th</sup>, 2019  
1pm – 2pm**

## **WHERE**

**Hidden Meadows on  
the Ridge**

**340 Farmers Lane | Sellersville PA 18960 | 215-257-6701**

**If arthritic joint stiffness and pain are preventing you from enjoying life to its fullest, this educational seminar will help you understand our robotic minimally invasive joint replacement procedures and non-surgical options such as medications, injections, physical therapy, weight loss and exercises.**

**[WWW.HIDDENMEADOWSONTHERIDGE.COM](http://WWW.HIDDENMEADOWSONTHERIDGE.COM)**

## **FREE EVENT**

## **TO REGISTER:**

**Visit [gvh.org/class](http://gvh.org/class) or  
call 215-453-4300**

## **SPEAKERS:**

**Orthopedic Surgeon,  
Paul Weidner, MD &  
GVH Joint Center  
Coordinator, Janice  
Hunsberger, RN.**

## **SPONSORED**

## **BY:**

**Grandview Health &  
Hidden Meadows on  
the Ridge and the  
Laurels Memory Care  
Community**

## **LUNCH &**

**Refreshments will be  
provided**